

72 Hour/Bug-Out Bags

Adult Bag

- Bag (Backpack, Duffle, your choice)

Shelter/Sleeping

- Tarp Kit/Tent w/stakes, vapor sheet and Pre-made lines
- Sleeping Bag and Sleeping Pad
- Solar Blanket

Navigation

- Map of City and State *
- GPS *
- Compass *
- Scaled Navigation Aids

Communications

- Solar and/or battery radio am-fm-weather
- Two way radios (for family comm.) FRS-MGRS
- Ham radio (if licensed) *
- Signal Mirror *

Safety

- Dust masks (type 95) *
- Whistle *
- Earplugs
- Goggles

Fire Starting [4ways to create]

- Matches *
- Bic style lighter *
- Magnesium Fire Starter *
- Commercial Fire Starter Material *
- 2-3 Road Flares (for signaling) *
- Fat Wood *
- Potassium Permanganate and Glycerin *

Light/Power

- Headlamp and spare batteries
- Solar Battery Charger
- LED Flashlight and spare batteries *
- 3- 6 hour light sticks

Tools

- Knife *
- Multi Tool *
- Small Binoculars *
- Rope Saw or Orchard Saw
- Hatchet
- Roll of Duct Tape
- 50-100' of 550 Paracord or Bank Line *

First Aid

- See item list (IFAK First Aid Kit) *
- Moonshine
- Small Pencil and Pad *
- Foot Powder
- Blister Cream and Moleskin
- Ace Bandage

Misc.

- Hand Warmers *
- Pencils and Notepad
- 4-55 gallon trash bags (6mil)
- 4- 1 gallon Zip Lock bags
- Roll Paper Towels
- 6-10 clothespins
- Assorted size safety pins *

Food

- 2800cal/adult male, 2200cal/adult female, children 9-13 2,000 to 2,400
- Mountain House - Wise Food 72 hour kit (dehydrated)
- MRE meals
- Instant coffee and creamer
- Dried Fruit
- Candy-Gum *
- Trail Mix *
- Energy Bars/survival bar *
- Vitamins

Water

- 2-3 Bottled Waters
- 3 Gallons Water (min)
- Water filter/purifier and purification tablets *
- Stainless Steel Wide Mouth Water Bottle with ring top *
- Eye Dropper container with Non-Scented Bleach

Kitchen

- Canteen Style Cup with handle
- Nalgene 32oz wide mouth
- Salt, Pepper and Spices *
- Small stove and xtra fuel
- Utensils
- Stainless Steel Bowl
- Can Opener (p-38 or p-51) *
- Small Cook Pot

Toilet

- Roll of Toilet Paper
- Small handle shovel (for latrine digging) *

Clothing

- Seasonal Set of Clothes
- Sun hat and knit hat
- Sweatshirt and Sweatpants
- 2 pair socks and underwear
- Leather and wool gloves
- Hiking Shoes or boots
- Poncho *
- Long-sleeve shirt
- Schmeg *
- Water shoes or Flip-flops

Entertainment

- Games and Puzzles
- Books

Personal Supplies

- Prescription Medications
- Prescription glasses/Readers
- Feminine Hygiene Products
- Toothpaste and Toothbrush
- Hand wipes *
- Hand Sanitizer *
- Aspirin-Tylenol-Aleve
- Bar Soap and Shampoo
- Deodorant
- Razor
- Washcloth and Towel
- Hand lotion *
- Chapstick *
- Small Comb/Brush
- Sunglasses *
- Sunblock *
- Insect Repellent
- Personal size Towel
- Nail clippers and File
- Small unbreakable mirror
- Floss

Important Documents/Financial [Update every 6 months]

Secured at Home and only taken or removed if you evacuate your main home.

- Important Business Documents
- Family Records (Birth, marriage and death certificates)
- Medical Devices including serial numbers such as pacemakers etc...
- Social Security Card
- Printed list of all current personal contacts (update every 6 months) *
- Minimum of \$100.00 in cash and some change *
- Gold and Silver Bullion and Junk Coin
- 2 sets of Photos for all family members *
- Home Mortgage or Property Deed
- Deed and registration of all Motor Vehicles
- Will or Living Trust
- Photos or Video of all valuables
- Insurance policies
- Bank and Credit Union accounts
- Passports
- Immunizations Records
- Internet Password list (secured) *

Kept in bag, has limited security risks:

- Photos of family members *
- \$100.00 in cash including bills and coin. *
- Health Insurance Card and Driver's License *

Optional Items

- Rifle/shotgun and ammo
- Pistol and ammo
- Bow and Arrows
- Luggable Loo with extra bags (in vehicle)

* This item may be in your Possibles/Get Home bag.